

# Evening Balls: Dance Step Manual



# Known World Dance and Music Symposium XIV

## July 4-7, 2024 - Danville, IN USA

The Known World Dance and Music Symposium is a three-day event for those who are passionate about the Dance and Music of the past, from the early Roman era through the late Renaissance. The event is part of the Society for Creative Anachronism, an international group dedicated to research and recreation of the best parts of the Middle Ages. The local hosting group is the Barony of Sternfeld, located in Central Indiana in the USA.

### Event Held:

Hendricks County 4H Fairgrounds  
1900 E. Main Street  
Danville, Indiana 46122

Sheet Music & Step Book Available For Download: [fabricinja.com/kwdms-xiv-2024/](http://fabricinja.com/kwdms-xiv-2024/)

### About the Dance Steps

Most dance steps come, with permission, from Terpsichore dance manual. Thank You Cynnabar! An online version of the Terpsichore dance manual is available online: <http://cynnabar.org/eurodance>.

Thank you Emma and Martin for permission to use the Gresley Dances you have constructed

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A time signature, for most dances, is listed near the title. The right margin of the dance description lists the number of measures per step or group of steps. For example, in a dance that is == In 4 ==, a 2 at the right margin means that it takes 8 counts to do the step.

### Standard Abbreviations

Clockwise	CW
Counter Clockwise	CCW
Left	L
Right	R
Couple	C
Lady	Ly
Lord	Ld

# Friday Evening Ball: Dance From Across the Known World

*Organizers: Colette the Seamstress & Sionnain of Mynydd Seren*  
*Dance Band Coordinator: Master Dafydd Arth*

**\*\* This Ball will feature full teaching of new global dances and quick teaching plus calling of many of the dances. \*\***

## Set 1: Simple lines & circles. Plus a tour of the Balkans / Southeast Europe

Montard Bransle  
Opsa (Serbia)  
Miserlou (Greece)  
Branle' Suite (Single, Double, Cassandra, Charlotte, Pinagay)  
Quen Quer Que

## Dessert Revel

### Performances: A Tour of Asia

Korean Dance Performance: *노들강변* or Nodeulgangbyeon By members of the Canton of Atillium: Lady Maia Bowen, Lady Wol-Bi, Lady Katie Blanchard.

Filipino Tinikling Performance Lead by Maestra Maria Beatriz la Mora

Japanese Dance Performance: Awa Odori with Lord Choi Min

Audience Participation: Awa Odori (Japan)

## Set 2: A Tour of the Middle East - Plus West Africa

Laz Bar (Armenia)  
Circassian Promade (Georgia)  
Debke (Arab)  
Lamban (West African)  
Open dancing to drums  
Drum Parade to the Global Dance Area.

### Set 3

Sellinger's Round  
Fedelta  
Burley Mariners  
Black Nag  
Petit Vriens  
Rostiboli Gioioso  
Heralds in Love -> Heralds in Lust

### Set 4

Ruffy Tufty  
Hearts Ease  
Gracca Amaroso  
Jenny pluck Pears  
Ly Bens Distonys  
Bobbing Joe  
Gelosia  
Gathering Peascods

### Set 5

Chestnut  
Upon a Summers Day  
Hyde Park  
New Yer  
Bella Gioiosa  
Half Hannikin

# Friday Evening Ball: Dance From Across the Known World

Organizers: *Colette the Seamstress & Sionnain of Mynydd Seren*

Dance Band Coordinator: *Master Dafydd Arth*

**A Global Dance Note:** The practice of recording and teaching dances by writing down their 'steps' is a relatively new concept forged in Europe. Historically, cultures all over the world taught new generations to dance by demonstrating and verbally instructing them as new dancers learned how to move their bodies. As many of these dances were never intended to be written down, they may have no terminology for their specific phases or movements. In the interests of sharing some of these dances with modern audiences accustomed to verbiage from English Country Dancing and Italian Dance History, we will be using this vocabulary to describe the movements of dances that have existed for time out of mind. We are grateful for the knowledge we have and hope we are able to continue learning and teaching folk dances in ever more authentic methods.

## Set 1: Simple lines & circles. Plus a tour of the Balkans / Southeast Europe

### Montarde

(Arbeau 1589)

(Line of 4+ people side by side, \*music to be repeated)

== In 4 ==

4 Doubles L (jumping jack style) (L most person weaves to end after first time) 4  
1st person (turning) Kick LRL, feet together; then 2<sup>nd</sup>; followed by 3<sup>rd</sup>, & 4<sup>th</sup> 1 [\*4x+]

### Opsa (Serbian)

Description by: Colette the Seamstress

There are many regional variations

(Circle or broken circle, no partner)

== in 2 ==

Single Right close, Single Left close, 2

Single R close, Step L to L - R foot Back-step 2

Walk to Right - L R L R 2

Repeat: The first close of the Single R is beat one

Say Op-sa many times or sing

1. \: Nek' se igra ovo kolo, ko ga ne bi vol'o? :\n \: Kolo ide tako lako, da zaigra može svako. :\

### Chorus Translation

You can hear the girila shouting

"Op-sa! Dance!"

The boys won't be outdone,

they want to dance faster,

more together and better

dance till dawn dawn, Op-sa!

#### Refrain:

Devojke se čuju, opsa, skoči!

Nedaju se momci, oće brže,

složnije i bolje, igraj do zore, opsa!

2. \: Nek' se igra ovo kolo, ko ga ne bi vol'o? :\n \: Momci, cure, svi u kolo, nek' se vije naokolo. :\

3. \: Nek' se igra ovo kolo, ko ga ne bi vol'o? :\n \: Zurle ječe, bubanj bije, vesele se meraklije. :\

**Miserlou (Greek)**

Description by: Colette the Seamstress

There are many regional variations

(Circle or broken circle, no partner)

== in 4 ==

Step R, point L, swing L around to back (Rondejambe) 1

Grapevine to Right (Step L behind, R side, Left front, R swing to pivot) 1

(Instead of right step, swing leg to pivot around to face L)

One Double (or piva) forward; then backward. 1:1

Repeat

**Bransle' Suite: Single, Double, Cassandra, Charlotte, Pinagay****Single (Also called Simple)****(Arbeau 1589)****(Circle)**

== In 4 ==

Double L; Single R; Double L; Kick LRL, pause holding the last kick 1;1/2; 1;1/2

**Double****(Arbeau,1589)****(Circle)**

== In 4 ==

Double LR; Double L; Single R; Kick LRL, pause holding the last kick 2; 1;1/2;1/2

**Cassandra****(Arbeau 1589)****(Circle)**

== In 4 ==

[2x] - Double LR; [2x] - Double LR; Single L; Double R 2 [2x]; 2;1/2;1 [2x]

**Charlotte****(Arbeau,1589)****(Circle)**

== In 4 ==

[2x] - Double L; Kick LR; Double R 1;1/2;1 [2x]

Double L; Kick LR; Single R; Kick LRL 1;1/2; 1/2;3/4

Single L; Kick RLR; Double R 1/2;3/4; 1

**Pinagay****(Arbeau 1589)****(Circle)**

== In 4 ==

Double L; Kick L; Double L; Kick LRL; Double L; Double R 1;1/4; 1;3/4; 1;1

**Quen Quer Que na Virgen Fia (SCA choreography: Sion Andreas o Wynedd)****(circle)**

== In 4 ==

V Double LR; Single LR; Double L; Single R 2;1;1;1/2

Same, but spin on 1<sup>st</sup> Double L; Same but spin on 2<sup>nd</sup> Double L 4 1/2;4 1/2

Same but spin on both Doubles L 4 1/2

Ch Same pattern of steps, but Sprial in &amp; out (moving L) on Double LR (2x) 4 1/2(2x)

Repeat many times (music begins w/Ch; Ch repeats 2x at end of dance)

# Dessert Revel Opens

## Performances: A Tour of Asia

**Korean Dance Performance:** 노들강변 or Nodeulgangbyeon is a traditional Korean dance. The dancers are from Canton of Attillium - Lady Maia Bowen, Lady Wol-Bi, Lady Katie Blanchard.

### Tinikling Performance

### Lead by Maestra Maria Beatriz la Mora

Filipino folk dance done by dancing between rhythmic poles. A pair of drummers, plus the stick movements creates rhythm - Open, Close, Open; Open, Close, Open; Creating a 3/4 rhythm. The basic premise is don't be caught between the sticks when the close on 2. However it is not the goal to trap the dancers feet. If there are more than one pair playing, for example three lined up like railroad ties, there will always be a set of poles opening and closing.

**Japanese Dance Performance:** Awa Odori "Awa Odori is a simple two-step dance from Tokushima, Japan, previously known as Awa Province. It is danced mainly during the late summer festival season" For more information, consider taking Lord Choi Min's workshop on Saturday.

### Awa Odori (Japan) Audience Participation

## Set 2: A Tour of the Middle East

### Laz Bar (Armenian)

### Description by: THL Umm Iskandar Mihri

(Open circle, hands held at Shoulder Height "W" position) == in 8 ==  
1-4 Start To the Right - R step-ball-change (Called piva in Italian Dance)  
L step-ball-change - Repeat 4X 8  
5-6 Same moving forward; then repeat moving back 1;1  
7-8 Step R; Cross L over R - in a bit of a hop; Repeat 1;1

### Circassian Promenade (Georgian) (Processional floating steps)

### Maestra Maria Beatriz la Mora Couples: Eagles & Swans

Eagles will line up across the room from their corresponding partners, the Swans. The rhythm playing is reminiscent of horses hooves across the fields (dumka tek ka ka)The dance as is brought to mind in the description of the parts. Both are done like smoothly moving regal birds. All the figure are executed either on the toes, or at least with the spine as erect as possible and with very small steps executed so smoothly that one can imaging the dancers are either gliding across the water or soaring through the air.

**Debke (Arab) Music: Saskin Description: THL Umm Iskandar Mihri**  
**(open circle, move to the right. Dancers grasp hands, arms at sides) == in 4 ==**

Variation 1:

1-4: Cross L foot over R, Step R foot to the R (basically 1/2 of a grapevine);

Repeat

5-6: Stomp L foot down on 5

7-8: Stomp L foot down on 7

Variation 2:

1-4: Cross L foot over R, Step R foot to the R (basically 1/2 of a grapevine);

Repeat

5-6: Step fwd L & bounce, leaning fwd

7-8: Step back R & bounce, leaning back & lifting L knee

Variation 3:

1-4: Cross L foot over R, Step R foot to the R (basically 1/2 of a grapevine) ;

Repeat

5-6: Point L toe across R leg on 5

7-8: Point L toe open (towards L) on 7

Variation 4

1-4: Cross L foot over R, Step R foot to the R (basically 1/2 of a grapevine) ;

Repeat

5-8 Left heel touch 2x - When touching heel, flex knees - straighten knees, as if to push out of the earth (heel touches on 5 and 7)

**Lamban (West African) Description: Maestra Maria Beatriz la Mora**  
**(Traditionally the Dance of the story tellers)**

Many of the arm movements are reminiscent of larger birds wings.

Basic foot work is simple on which then occasional variations built in

Step right, step left, step right, touch left

Step left, step right, step left, touch

By pivoting on the third step during the touch, or turning it into a slight hop, one can direct how one will travel with this step

## **Open Dancing to Drums**

Please come out on to the floor and dance as the music moves you to.

## **Drum Parade to the Global Dance Area**

Join in the parade to the Global Dance area or stay in the Great Hall for more dancing after a short break

## Set 3

### Sellinger's Round

(Playford 1670)

#### (Couples in a circle)

== In 4 ==

V1	Slip L; Slip R	2;2
Ch	Lys Double fwd & clap; return to place; Set & turn (Facing ptrn)	1;1;2
	Lds Double fwd & clap; return; Set & turn	1;1;2
V2	Take hands, Double in (whooping) & out (2x); repeat Chorus	2(2x);8
V3	Side RL; repeat Chorus	4;8
V4	Arm RL; repeat Chorus	4;8

### Fedelta

(Caroso 1581)

#### (Couples in a circle)

== In 3 ==

V1	Rev; Spez LRLR (CW wheel); Passi LR; Cad	4;8;2;2
	Spez RLRLRL (CCW wheel); Passi RL; Cad	12;2;2
Ch	Lds turn L in Ord L, Cad; Lys same	4;4
V2	R hands w/ ptrn & Semidoppii LR (circling to place)	8
	Face ptrn & Rip LL; Trab LR; Turn L in Spez L, Cad	2;2;4
	L hands w/ ptrn & Semidoppii RL (circling to place)	8
	Face ptrn & Rip RR; Trab RL; Turn R in Spez R, Cad	2;2;4
	Repeat Chorus	4;4
V3	Semidoppio L to L & R to R; Passi LR, Cad into circle; Passi RL, Cad out	8;8
	Scambiate LR; Rip LL; Trab LR; Turn L in Spez L, Cad	8;2;2;4
	Repeat Chorus	4;4

### Burley Mariners (tune: Rights of Man)

SCA Choreography: Maestro

Dafydd Arth

#### (3 Couples in a line)

== In 4 ==

V1	Double fwd & back; Set & turn; repeat; Hey for Couples; repeat	2;2;4;4;4
C1	Ld1 to bottom of set: Switch by R hnd w/ Ly1; L-Ld 2; R-Ly2; L-Ld3	1;1;1;1
	Ld1 honor Ly3; Ly3 honor Ld1; 2 hand switch; all back-to-back	1/2;1/2;1;2
	Ly1 zig zag to bottom of set, as Ld1 did (incl honors, switch, & back-to-back)	8
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
	Hey for Couples; repeat	4 (2x)
C2	Current Ld1 zig zags to bottom of set; current Ly1 same	8;8
V3	Arm R; Set & turn; Arm L; Set & turn; Hey for Couples 2x	2;2;2;2; 4 (2x)
C3	Current Ld1 zig zags to bottom of set; current Ly1 same	8;8



**Black Nag****(Playford 1665)****(3 Couples in a line)****== In 4 ==**

V1	Double fwd & back; repeat	2;2
C1	Slip up the line (C1; C2; then C3); Turn single; Slip down; Turn single	1;1;1;1;3;1
V2	Side RL	2;2
C2	Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
	Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
V3	Arm RL	2;2
C3	Lds Hey; Lys Hey	4;4

**Petit Vriens****(Ambrosio (Guglielmo) 1475)****(Set of 3 people)****== In 6 ==**

16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B	16;4;4;4
(musically in 6)	<b>== In 4 to dance ==</b>
A Double L; B Double L; C Double L	1;1;1
A & B Rev; C & B Rev; All Rev	1;1;1
DL back, fanning out; DR fwd back to place	1;1
RipL; RipR; VT (DL going CCW)	1/2;1/2;1

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**Rostiboli Gioioso or Gioioso in Tre****Rostiboli Gioioso****(Guglielmo (Ambrosio) 1463)****(Couples)****== In 6 ==**

P1	Reprise LR ; Ld Singles LR; Doubles LR	2;1;2
	(Ld MV) All Reprise LR; Ld Singles LR; Doubles LR home	2;1;2
	Repeat above w/ Ly going out & back	10
P2	Reprise LR; 2 Singles; 3 Doubles; VdG (2x)	2;1;3;2 (2x)
P3	16 Salterelli	16
P4	(musically in 6)	<b>== In 4 to dance ==</b>
	Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld	1;1;1;1
	Repeat; Repeat entire dance, roles reversed	4

<b>Gioioso in Tre</b>	<b>(Guglielmo (Ambrosio) late 15<sup>th</sup> C)</b>	
<b>(1 Ly standing betw 2 Lds)</b>		<b>== In 6 ==</b>
P1 Rip LR; Ly single LR; Arm L w/ Ld1 in Doubles LR to place		2;1;2
Repeat Rip & Arming, but Ly arms R w/ Ld2		5
P2 Rip LR; Lds switch, pass L in front of Ly in Singles LR, Doubles LR		2;3
Repeat Rip & Switching		5
P3 Rip LR; Singles LR; Double L;		2;1;1
Ly Rip RL as Lds VT (doubles RL); VdG ; Repeat		2;2;8
P4 16 Saltarelli		16
P5 (musically in 6)		<b>== In 4 to dance ==</b>
Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly		1;1;1;1
Movi (Ly 1 <sup>st</sup> ); Ly double & turn; Movi (Lds 1 <sup>st</sup> ); Lds double to join & turn		1;1;1;1

## Herald in Love - > Heralds in Lust

<b>Heralds in Love</b>	<b>(SCA Choreography)</b>	
<b>(4 Couples in a line)</b>		<b>== In 4 ==</b>
V1 Double fwd & back; Set & turn; repeat		2;2;4
C1 Ld1 & Ly2 switch w/ R hands, as Ld3 & Ly4 do same		1
Ld1 & Ly4 switch w/ L hands; Continue until all are back to orig places		1;6
V2 Side R; Set & turn; Side L; Set & turn		2;2;2;2
C2 Ld2 & Ly3 switch w/ R hands; Ld2 & 4 switch w/ L hands as Ly3 & 1 same;		
Continue until all are back to place		1;1;6
V3 Arm R; Set & turn; Arm L; Set & turn		2;2;2;2
C3 Do chorus 1 & chorus 2 together		8

## Heralds in Lust (SCA Choreography - some blame Darius the Dancer) (Put 2 sets 4 Couples in a line side by side) See Heralds in Love

- V1 As Original: (4 people abreast hold hands for the doubles).
- C1 Same concept, but start with L hands instead of R, AND  
Instead of switching up and down the set, switch across the 2 sets.  
(Ld1 and Ly2 switch with each other and with Ld1 abd Ly2 of the other set. Same with Ld3 and Ly4 of both sets).
- C2 As Original
- V2 As Original
- C3 Chorus 3 combines the first 2 choruses. It can be helpful to identify the chorus 1 dancers versus the chorus 2 dancers with distinctive ribbons/hats/clothing

## Set 4

### Ruffy Tufty

(Playford 1651)

(2 Couples facing)

== In 4 ==

V1	Double fwd & back (2x)	4
Ch	(facing ptr) Set & turn (2x)	4
	W Ptr Double out & back; Turn single; Same w/ Corner	2;1;3
V2	Side RL; repeat Chorus	4;10
V3	Arm RL; repeat Chorus	4;10

### Heart's Ease

(Playford 1651)

(2 Couples facing)

== In 4 ==

V1	Double fwd & back; repeat	2;2
Ch	(facing ptr) Double away from & toward ptr; Turn corner	2;2
	(facing corner) Double away from & toward corner; Turn ptr	2;2
V2	Side R & L; repeat Chorus	2;2;8
V3	Arm R & L; repeat Chorus	2;2;8

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## Gracca Amaroso or Sweet Nothings

### Gracca Amorosa

(Caroso 1581)

(Couples)

== In 6 ==

V1	Rev; Spez LR to switch; curl CCW in Spez LR to face; Trab LRLR	2;2;2;2
	Spez sideways L & honor; Spez R; & honor	2;2
Ch	Spez L away from ptr; Spez R away; 3 Rip & Trab all to L	1;1;2
	Spez R away from ptr; Spez L away; 3 Rip & Trab all to R	1;1;2
V2	circle CW w/ Spez LRLR to place; Trab LRLR	4;2
	curl CCW w/ Spez LR to face; Scam LR; Repeat ch	2;4;8
V3	Ld Spez LR flank fwd; Trab LRLR; curl to place in Spez LR; Trab LRLR	2;2;2;2
	Ld Passo L & honor; Passo R & honor; All repeat ch	2;2;8
V4	Ly do as Ld did in V3; d; All repeat ch	12;8
V5	Ord L; Rip RR, Trab RL; Ord R; Rip LL, Trab LR	4;4
	Passo L & touch R hands; Passo R & touch L hands; Repeat ch	2;2;8

### Sweet Nothings (Not your gaffer's Gracca)

(SCA Choreography)

(2 Couples facing)

== In 4 ==

V1	Double fwd & back (2x); Set and turn	2(2x); 2
Ch	Ptrs back & fwd a Double; Corners the same	2;2
V2	Hands 4 & Circle L, then R; Set & turn; Repeat Chorus	4;2;4
V3	Lds Side LR; Set & turn; Repeat Chorus	4;2;4
V4	Lys Side LR; Set & turn; Repeat Chorus	4;2;4
V5	Arm w/ ptr RL; Set & turn; Repeat Chorus	4;2;4

## Jenny Pluck Pears

(Playford 1651)

(3 Couples in a circle)

== In 4 ==

V1	Slip L; Set & turn; Slip R; Set & turn	2;2;2;2
C1	Ld1 turns Ly into center; Ld2 same; Ld 3 same; All Rev	1;1;1;1
	Lds skip around L; then R	4;4
	Ld1 turns Ly to place; Ld2 same; Ld3 same; All Rev	1;1;1;1
V2	Side R; Set & turn; Side L; Set & turn	2;2;2;2
C2	Same as C1, except Ly turn Ld in & skip around	16
V3	Arm R; Set & turn; Arm L; Set & turn	2;2;2;2
C3	Same as C1	16

## Ly Bens Distonys (Short Version)

(Couples AB)

== in 4 ==

	Inside Single, Outside Single; Double	1;1
	A Double fwd & turn to face as B Double back	1
	Double into ptr's orig place (face fwd)	1
	B Double fwd & turn to face as A Double back	1
	Double to own orig place (face fwd)	1
	(together) Single fwd, Single back; Turn single	1;1

## Bobbing Joe - 1651

(Longways for as many as will (couples))

1.	A	Lead up forwards and back; Repeat	4;4
	B	Set and Turn Single. Repeat	4;4
2.	A1 1-2:	C1 slip down between the C2 while they slip up the outside	2
	A1 3-4:	Then the C2 slip down between while C1 slip up the outside	2
	A2 1-4:	Take Hands and go all the way around.	4
	B1 1-2:	1st Man snap his fingers, 2nd Man snap his fingers.	2
	B1 3-4:	Men change places.	2
	B2 1-4:	The Women as much.	4
		Repeat down the line.	
3.	A	Side Right with your Partner; Then Left	4;4
	B	Set and Turn Single; Repeat	4;4

Continue on next page - Bobbing Joe - 1651

## Continued - Bobbing Joe - 1651

- 4 . A1 1-4: First two on each side, take hands and Double back & forward 4  
 A2 1-4: C1 cast off, the C2 following, and come to your places. 4  
 B1 1-4: Change places with your Partner. 4  
 B2 1-4: Take hands and go half round. 4  
 Repeat down the line.
5. A Arm Right with your partner; then Left 4;4  
 B Set and Turn Single.; Repeat 4;4
6. A Men back a Double, meet again. Women as much. 4;4  
 B1 1-2: Men change places with each other, while the Women same 2  
 B1 3-4: Then change places with your Partner. 2

## Gelosia

(Domenico 1450)

(Line of 3 Couples)

== In 4 ==

8 Saltarelli

8

Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1 1½;½;1

Ld1 3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2 1½;½;1

Ld1 Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands w/ new ptr 1;4

C1 double away in circle, end facing; C2 the same; C3 the same 1;1;1

Take R hands w/ ptr, exchange places in Single L, R, L 1½

Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R 1½

Repeat dance 2 times, until each Ld returns to original place

## Gathering Peascods

(Playford 1651)

(About 4 - 7 Couples in a circle)

== In 2 ==

V1 Slip L; Turn single; Slip R; Turn single 4;2 [2x]

C1 Lds take hands, Circle round to places; Lys the same 6 [2x]

Lds meet & clap; Lys same (as Lds out); Lds same, no clap, turn to place 2;2;4

Lys meet & clap; Lds same (as Lys out); Lys same, no clap, turn to place 2;2;4

V2 Side R; Turn single; Side L; Turn single 4;2 [2x]

C2 C1, except Lys 1st 28

V3 Arm R; Turn single; Arm L; Turn single; Chorus 1 4;2 [2x];28

## Set 5

### Chestnut

(Playford 1651)

(3 Couples in a line)

== In 4 ==

V1	Double fwd & back; repeat	2;2
C1a	Lds & Lys Double back from ptr; Switch places w/ ptr	1;1
C1b	Lds hands & Lys hands & ea group full circle; repeat (to place)	2;4
V2	Arm RL	4
C2	Do C1a; Lds half Hey, reversing order, as Lys same; repeat (to place)	2;2;4
V3	Side RL	4
C3	Do C1a; C1 lead C2-3 down middle of set to reverse line	2;2
	C1 cast off to lead C2-3 to place	4

### Upon a Summer's Day

(Playford 1651)

(3 Couples in a line)

== In 4 ==

V1	Double fwd & back; Set & turn (2x)	2;2 (2x)
Ch	Lds hands, & Lys hands - Double fwd & back;	2
	C1 split & under arch on own side to C3 position; repeat 2x	2;8
V2	Side R; Set & turn; Side L; Set & turn; repeat Chorus	2;2;2;2;12
V3	Arm R; Set & turn; Arm L; Set & turn; repeat Chorus	2;2;2;2;12

### Hyde Park

(Playford 1651)

(4 Couples in a square)

== In 4 ==

V	Heads Double fwd & back; Sides same	2;2
C1	Heads slip into center to meet other C; slip out w/ corner through nearest Inactive C; cast to place; Sides same; repeat V	1;1;2;4;4
C2	Sides change places w/ ptr & make arch while Heads pass ptr by R & continue around set to meet corner outside of arch; Heads go through arches to meet ptr; fall back to place	2;1;1
	This again, Heads and Sides switching roles; repeat V	4;4
C3	All Lds pass ptr by the inside shoulder & continue around set, Going around the Lys by alternating shoulders	4
	All Lys pass ptr by the inside shoulder do same around Lds	4

## New Yer

(set of 3 people in a file)

== in 6 ==

4 Doubles fwd	8
Front Double away; Middle Double to catch up; Back same	2;2;2
All ½ turn in a Double 3x	2(3x)
Back Double away; Middle Double to catch up; Front same	2;2;2
All ½ turn in a Double to reset in orig direction	2

## Bella Gioiosa

(Caroso 1581)

(3 people in circle)

== In 6 ==

V1	Take hands & Rev w/ jump; Trab LRLR & drop hands	2;2
	Turn L: Spez LR, Passi LR; Cad	2;1;1
	Face L in wheel Spez LRLR; Scam LR	4;4
Ch	Leader turn L in Spez L, Cad; #2 (to R of Leader) same; #3 same	2 (3x)
V2	Leader Passi LR; Cad; Trab LRLR or Canario LRLRL	1;1;2
	(Leader only) Rip LL, Trab LR; (turn L in) Spez L; Cad	1;1;1;1
	Joust all L side in Spez L fwd; Spez R back; Spez LR to switch	1;1;2
	L side in Spez L fwd; Spez R back; Spez LR to switch; Chorus	1;1;2;6
V3	Verse 2 w/ #2 (to R of Leader) as Leader; Chorus w/#2 leading	16;6
V4	Verse 2 w/ #3 as Leader; Chorus w/ #3 leading	16;6
V5	Face L in wheel Semidoppio LR; Rip LL; Trab LR	4;1;1
	Turn L in Spez L, Cad	2
	Face R in wheel Semidoppio RL; Rip RR; Trab RL	4;1;1
	Turn R in Spez R, Cad; Chorus (w/ orig leader)	2;6
V6	Fioretti a pie pari LR; Passi LR (back)	1;1
	Spez LR (change places, leader pass betw)	2
	Fioretti a pie pari RL; Passi RL (back)	1;1
	Spez RL (change places, leader pass betw)	2
	Chain w/ 6 Spez (leader betw then L)	6
	Passi LR; Cad; repeat Chorus	1;1;6
V7	Trab LRLR; Canario LRLR	2;2
	Rip LL; Trab LR; (turn L in) Spez L; Cad	1;1;1;1
	Trab RLRL; Canario RLRL	2;2
	Rip RR; Trab RL; (turn R in) Spez R; Cad; Chorus	1;1;1;1;6

## Half Hannigan

(Playford 1651)

(Circle of Couples)

== In 4 ==

Double fwd & back (2x); Ptrns side RL	2 (2x); 4
Ptrns arm R once around; arm L 1 ½ times to pass on to new ptrn	2;2

# Grandeur and Elegance in Motion

*Saturday Evening Ball Organizer: Bryan Morgan*

*Dance Band Coordinator: Master Dafydd Arth*

## **Processional**

Lorayne Alman

## **Set 1**

Torch Bransle

Chestnut x3

Gracca Amorosa

Gelosia

Cuckolds All a Row

Petit Vriens

## **Dessert Revel**

### **Performance:**

**Musica Subterranea**

## **Pinwheel Game**

## **Set 2**

Ballo del Fiore (for 2)

Hearts Ease -> Rufty Tufty

Pease Bransle

Washerwoman's Bransle

Eglamowr

Parsons Farewell

Trenchmore

## **Set 4**

Rostiboli Gioioso / Giosio in Tre

Newcastle

Petit Rose

Roye

Contentezza d'Amore

Old Mole

Black Nag

## **Set 3**

Ly Bens Distonys

Bransle Suite

Black Alman

Clog Bransle

Bizzarria d'Amore

Anello

Whirligig

## **Set 5**

Amoroso x4

Alta Mendozza /Galliard (improv)

Scotch Cap

Horses Bransle

Grene Gynger

Contrapasso in Due

New Yer



## Processional

### Lorayne Alman

(1570)

(Couples in a line)

== in 4 ==

4 doubles w/ a hop fwd; beginning w/ L

4

[2x] - Double L fwd; Double R back;

1;1

Double L fwd; Double R circling away

1;1 (2x)

## Set 1

### Candlestick (Torch)

(Arbeau 1589)

(Lds w/ Candles, and Lys along edge of floor)

== In 4 ==

Lds 8 Alman Doubles (start L) to find a partner

8

Ld 8 Alman Singles (4 in some recorded music) to approach partner

4

Repeat Alman Doubles & Singles, dancing w/ partner

8;4

Repeat, Ld reverence while handing torch to Ly, Ly finds a new partner

8;4

### Chestnut (3x)

(Playford 1651)

(3 Couples in a line)

== In 4 ==

V1 Double fwd & back; repeat

2;2

C1a Lds & Lys Double back from ptrnr; Switch places w/ ptrnr

1;1

C1b Lds hands & Lys hands & ea group full circle; repeat (to place)

2;4

V2 Arm RL

4

C2 Do C1a; Lds half Hey, reversing order, as Lys same; repeat (to place)

2;2;4

V3 Side RL

4

C3 Do C1a; C1 lead C2-3 down middle of set to reverse line

2;2

C1 cast off to lead C2-3 to place

4



## Gracca Amorosa or Sweet Nothings (Not your gaffer's Gracca)

<b>Gracca Amorosa</b>		<b>(Caroso 1581)</b>
<b>(Couples)</b>		<b>== In 6 ==</b>
V1	Rev; Spez LR to switch; curl CCW in Spez LR to face; Trab LRLR	2;2;2;2
	Spez sideways L & honor; Spez R; & honor	2;2
Ch	Spez L away from ptrn; Spez R away; 3 Rip & Trab all to L	1;1;2
	Spez R away from ptrn; Spez L away; 3 Rip & Trab all to R	1;1;2
V2	circle CW w/ Spez LRLR to place; Trab LRLR	4;2
	curl CCW w/ Spez LR to face; Scam LR; Repeat ch	2;4;8
V3	Ld Spez LR flank fwd; Trab LRLR; curl to place in Spez LR; Trab LRLR	2;2;2;2
	Ld Passo L & honor; Passo R & honor; All repeat ch	2;2;8
V4	Ly do as Ld did in V3; d; All repeat ch	12;8
V5	Ord L; Rip RR, Trab RL; Ord R; Rip LL, Trab LR	4;4
	Passo L & touch R hands; Passo R & touch L hands; Repeat ch	2;2;8

<b>Sweet Nothings (Not your gaffer's Gracca)</b>		<b>(SCA Choreography)</b>
<b>(2 Couples facing)</b>		<b>==In 4==</b>
V1	Double fwd & back (2x); Set and turn	2(2x); 2
Ch	Ptrns back & fwd a Double; Corners the same	2;2
V2	Hands 4 & Circle L, then R; Set & turn; Repeat Chorus	4;2;4
V3	Lds Side LR; Set & turn; Repeat Chorus	4;2;4
V4	Lys Side LR; Set & turn; Repeat Chorus	4;2;4
V5	Arm w/ ptrn RL; Set & turn; Repeat Chorus	4;2;4

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<b>Gelosia</b>		<b>(Domenico 1450)</b>
<b>(Line of 3 Couples)</b>		<b>== In 4 ==</b>
8 Saltarelli		8
Ld1 3 piva pass in front of Ly1, end at R of Ly2; Rev; Ld2 Saltarello R to Ly1		1½ ;½;1
Ld1 3 piva in front of Ly2, ending at R of Ly3; Rev; L3 Saltarello R to Ly2		1½ ;½;1
Ld1 Saltarello R behind Ly3, end to her L; All 8 Pive, holding hands w/ new ptrn		1;4
C1 double away in circle, end facing; C2 the same; C3 the same		1;1;1
Take R hands w/ ptrn, exchange places in Single L, R, L		1½
Take L hands, exchange back in Single RLR, Lds end w/ Mezzavolta R		1½
Repeat dance 2 times, until each Ld returns to original place		

<b>Cuckolds All A Row</b>	<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>	<b>== In 4 ==</b>
V1 Double fwd & back; repeat	2;2
C1 Bck-to-bck corner; ShldrsRnd corner; Bck-to-bck ptrn; ShldrsRnd ptrn	2;2;2;2
V2 Side R w/ ptrn; Side L w/ corner	2;2
C2 Lds switch places; Lys switch places; All join hands & circle L	1;1;2
Lys switch places; Lds switch places; All join hands & circle L	1;1;2
V3 Arm R w/ ptrn; Arm L w/ corner	2;2
C3 Lds push corner back a double, Slip to Ld's R, Fall back to ptrn's place	2
Lds cast R to old place and back to new place, ptrns following	2
Lds push corner back a double, Slip to Ld's L, Fall back to orig place	2
Lds cast L & back to place, ptrns following, all to orig place	2

<b>Petit Vriens</b>	<b>(Ambrosio (Guglielmo) 1475)</b>
<b>(Set of 3 people)</b>	<b>== In 6 ==</b>
16 Piva; A 4 Piva; B 4 Piva to join A; C 4 Piva to join A&B	16;4;4;4
(musically in 6)	<b>== In 4 to dance ==</b>
A Double L; B Double L; C Double L	1;1;1
A & B Rev; C & B Rev; All Rev	1;1;1
DL back, fanning out; DR fwd back to place	1;1
RipL; RipR; VT (DL going CCW)	1/2;1/2;1

## Set 2

<b>Ballo del Fiore (for 2)</b>	<b>(Caroso 1581)</b>
<b>(Lds w/ Flowers &amp; Lys along edge of floor)</b>	<b>== In 4 ==</b>
Intro Lds only Rev; Ord LR turning in place	2;2
V1 Lds Ord LRLR to face a ptrn; Con LR, Rev	4;4
V2 Together, fwd, Ord LR; Scorsi LR; (facing) Con LR, Rev	2;2;4
V3 Ord LR turning L; Ord LR to pass ptrn & face; Con LR, Rev	2;2;4
V4 Ord LRLR – zigzag to ptrn; Con LR, Rev, Ld kiss & pass flower	4;4
Repeat verses 1-4 w/ Ly seeking a new Ld	

<b>Heart's Ease</b>	<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>	<b>== In 4 ==</b>
V1 Double fwd & back; repeat	2;2
Ch (facing ptrn) Double away from & toward ptrn; Turn corner	2;2
(facing corner) Double away from & toward corner; Turn ptrn	2;2
V2 Side R & L; repeat Chorus	2;2;8
V3 Arm R & L; repeat Chorus	2;2;8

<b>Rufty Tufty</b>	<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>	<b>== In 4 ==</b>
V1 Double fwd & back (2x)	4
Ch (facing ptr) Set & turn (2x)	4
W Ptr Double out & back; Turn single; Same w/ Corner	2;1;3
V2 Side RL; repeat Chorus	4;10
V3 Arm RL; repeat Chorus	4;10
<b>Pease</b>	<b>(Arbeau 1589)</b>
<b>(Circle of couples)</b>	<b>== In 4 ==</b>
[2x] Double L; Double R	1;1 [2x]
Lds hop, Lys hop; Lds step L & hop 3x; Lys hop, Lds hop; Lys step L & hop 3x	1;1;1;1
<b>Washerwomen's</b>	<b>(Arbeau 1589)</b>
<b>(Circle of couples)</b>	<b>== In 4 ==</b>
[2x] - Double L; Double R	1;1 [2x]
(face partner) Singles LR (Ld scolding); Singles LR (Ly scolding)	1;1
(face center) Double L (clapping); Double R	1;1
Double L (clapping); Kick LRL (turning CCW), Saut Majeur	1;1
<b>Eglamowr</b>	
<b>(set of 3 people in a file)</b>	<b>== in 6 ==</b>
12 Pive	12
1 at a time, Double fwd; 1 at a time cast to back in 4 Pive	6;12
1 at a time, turn single L in Piva, jump	6
Front & Back switch in 4 Pive; Mid cast to head of line in 2 Pive	4;2
<b>Parson's Farewell</b>	<b>(Playford 1651)</b>
<b>(2 Couples facing)</b>	<b>== In 4 ==</b>
V1 Double fwd; 4 slips L; Double back; 4 slips R	1;1;1;1
C1 Lds rise; Lys rise; all rise 4x; 2 hand turn w/ corner; repeat Lys start	1/2;1/2;1;2;4
V2 Double fwd; out w/ corner & return; Double back to place w/ ptr	1;2;1
C2 Lds fake R hands, take L & switch; Turn corner by R; switch back & turn ptr	1;1;2
Repeat w/ Lys faking L hands & taking R	3
V3 Take hands w/ ptr & do 4 slips into set; take corner & slip out;	1;1
Slip back in w/ corner & out to place w/ ptr	1;1
C3 Turn ptr by R hand; Half Hey across, starting w/ Lds pass L shoulders	2
Turn ptr by R hand; then by L hand	1;1
Complete the Hey w/ Lys starting (passing R shoulders)	2
Turn ptr by L hand (Hey may be done as Grand RL w/o hands)	1

<b>Trenchmore</b>	<b>(Playford 1722)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
Double fwd & back (2x)	2(2x)
C1 take 3 steps fwd, & cast, leading other couples to bottom of set then to place	4
C1 face down & lead under C2' for an Arches Hey until all to place	1(Nx),
C1 arm R 1½; C1 arm L w/ C2; C1 arm R, etc. to end of line	8(Nx)
Repeat the dance w/ the new C1	

### Set 3

<b>Ly Bens Distonys (Short Version)</b>	
<b>(Couples AB)</b>	<b>== in 4 ==</b>
Inside Single, Outside Single; Double	1;1
A Double fwd & turn to face as B Double back	1
Double into ptr's orig place (face fwd)	1
B Double fwd & turn to face as A Double back	1
Double to own orig place (face fwd)	1
(together) Single fwd, Single back; Turn single	1;1

<b>Cassandra</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
[2x] - Double LR; [2x] - Double LR; Single L; Double R	2 [2x]; 2;½;1 [2x]

<b>Pinagay</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
Double L; Kick L; Double L; Kick LRL; Double L; Double R	1;¼; 1;¾; 1;1

<b>Charlotte</b>	<b>(Arbeau,1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
[2x] - Double L; Kick LR; Double R	1;½;1 [2x]
Double L; Kick LR; Single R; Kick LRL	1;½; ½;¾
Single L; Kick RLR; Double R	½;¾; 1

<b>Aridan</b>	<b>(Arbeau 1589)</b>
<b>(Circle)</b>	<b>== In 4 ==</b>
[2x] Double L; Kick LRL	1;¾ [2x]
[2x] Double L; Singles RLR; Double L; Kick LR; Double R	1;1½;1;½;1
(DOUBLETIME) Double L, end w/ kick R; Single R, kick L, pause	½;½ [2x]

<b>Black Alman</b>	<b>(1605/6)</b>
<b>(Couples in a line)</b>	<b>== in 4 ==</b>
4 Doubles, beginning w/ L [end facing ptrnr]	4
Double L backing away from ptrnr; Double R toward ptrnr	1;1
[turn to own L] Double L away from ptrnr	1
[turn around] Double R toward ptrnr	1
Lds step L, step R; circle LRL; Lys step L, step R; circle LRL	1;1;1;1
[take hands w/ ptrnr] Double L switching places; 4 slides up the hall	1;1
Double L switching places; 4 slides down the hall	1;1
Double L backing away from ptrnr; Double R toward ptrnr	1;1

<b>Clog</b>	<b>(Arbeau 1589)</b>
<b>(Couples in a line or circle)</b>	<b>== In 4 ==</b>
[2x] - Double LR; [2x] - Single L; Tap R foot 3 times	2 [2x]; 1; <sup>3</sup> / <sub>4</sub> [2x]
1; <sup>3</sup> / <sub>4</sub> [2x]	

Lds & Lys may take turns tapping, or other mimings can be made in place of taps

<b>Bizzaria d'Amore</b>	<b>(Negri 1602)</b>
<b>(2 Couples in a diamond)</b>	<b>== In 4 ==</b>
Verse 1 Lds Rev; Sottopiede LL & Sottopiede RR; Lys same	4;4;8
Chorus Hop; Hop; Rip Min L; Hop; Hop; Rip Min R	1;1;2;1;1;2
Spez LR back at 45 deg to R; Ord to place	1;1;2
Spez RL back at 45 deg to L; Ord to place	1;1;2
Verse 2 Lds Exchange places (pass R shoulders) Spez LR; Ord L	2;2
Counter circle in Spez RL; Ord R; Lys same, but pass L	2;2;8
Repeat Chorus	16
Verse 3 Circle w/ ptrnr (R hands) in 2 Ord; counter circle in 2 Ord	4;4
Circle w/ corner (L hands) in 2 Ord; counter circle in 2 Ord	4;4
Repeat Chorus	16
Verse 4 Lds Exchange places (R hands) in SpezLR; Ord L	2;2
Counter circle in Spez RL; Ord R; Lys same but L hands	2;2;8
Repeat Chorus	16
Verse 5 R hands w/ ptrnr, Ord L to switch; L hands, Ord R to place	2;2
Counter circle in Ord LR	4
L hands w/ corner, Ord L to switch; R hands, Ord R to place	2;2
Counter circle in 2 Ord; repeat chorus	4;16
Verse 6 R hands w/ ptrnr, circle in 2 Ord	4
Grand RL (L to corner 1 <sup>st</sup> ) in 4 Ord; L hands w/corner, 2 Ord	8;4
Repeat Chorus	16

## Anello

(Domenico 1450)

(2 Couples facing)

== In 4 ==

Intro	All join hands & circle L w/ 8 salterelli	8
P1	Movi [Lds then Lys]; Lds switch in 2 salt; Movi (Lys then Lds); Lys switch	1;2;1;2
P2	Movi [Lds 1st]; Lds Turn single; Movi [Lys 1st]; Lys Turn single	1;1;1;1
P3	Lds cast behind ptr & switch in 4 piva; Lys same	2;2
P4	Movimenti [Lds then Lys] 2x; Lds reprise; All reverenza	2;1;1
Repeat w/ Lys leading		

## Whirlygig

(Playford 1651)

(3 Couples in a line)

==In 4==

V1	Double fwd & back (2x)	2(2x)
C1A	Mushrooms – C2 lead up betw C1 & cast to place; C2 cross over & go around C1 to place; Face down & do same betw C3	2;2;4
ChB	C1 cast to bottom & make arch; C2 & C3 follow & go through to new place (Order of set is C2, C3, C1); Repeat entire chorus (2x)	2;2;12;12
V2	Side RL	2;2
C2A	Triangle-Heys - Ld2 pass through C1 passing Ly1 by R shoulders & Hey for 3 w/ C1 as Ly1 does the same w/ C3	4
	Same w/ Ld2 through C3 by L shoulders & Ly2 w/ C1; Chorus B	4;4
	Repeat entire chorus (2x) until all are back to original place	12;12
V3	Arm RL	2;2
C3A	½ Cast to Star – C1 & C2 ½ cast down & to place; R hand Star	2;2
	Repeat w/ C2 & C3 casting up in L hand star	4
	Repeat Chorus B; Repeat entire chorus 2x	4;12;12



**Dessert Revel Break**

**Performance by Musica Subterranea**

**Pinwheel Game**

## Set 4 Rostiboli Gioioso or Giosio in Tre

### Rostiboli Gioioso

(Guglielmo (Ambrosio) 1463)

#### (Couples)

== In 6 ==

- P1 Reprise LR ; Ld Singles LR; Doubles LR 2;1;2  
(Ld MV) All Reprise LR; Ld Singles LR; Doubles LR home 2;1;2  
Repeat above w/ Ly going out & back 10
- P2 Reprise LR; 2 Singles; 3 Doubles; VdG (2x) 2;1;3;2 (2x)
- P3 16 Salterelli 16
- P4 (musically in 6) == In 4 to dance ==  
Movi (Ld then Ly); Ld Double L; Movi (Ly then Ld); Ly Double L to join Ld 1;1;1;1  
Repeat; Repeat entire dance, roles reversed 4

### Gioioso in Tre

(Guglielmo (Ambrosio) late 15<sup>th</sup> C)

#### (1 Ly standing betw 2 Lds)

== In 6 ==

- P1 Rip LR; Ly single LR; Arm L w/ Ld1 in Doubles LR to place 2;1;2  
Repeat Rip & Arming, but Ly arms R w/ Ld2 5
- P2 Rip LR; Lds switch, pass L in front of Ly in Singles LR, Doubles LR 2;3  
Repeat Rip & Switching 5
- P3 Rip LR; Singles LR; Double L; 2;1;1  
Ly Rip RL as Lds VT (doubles RL); VdG ; Repeat 2;2;8
- P4 16 Saltarelli 16
- P5 (musically in 6) == In 4 to dance ==  
Movi (Ly, then Lds); Ly double; Movi (Lds, then Ly); Lds double to Ly 1;1;1;1  
Movi (Ly 1<sup>st</sup>); Ly double & turn; Movi (Lds 1<sup>st</sup>); Lds double to join & turn 1;1;1;1

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### Newcastle

(Playford 1651)

#### (4 Couples in a square)

== In 4 ==

- V1 Double fwd & back; Set to ptrn; Set to next of opp gender (2x) 2;2 (2x)
- C1 Arm R w/ ptrn; Lds L hand into center as Lys circle around set 1;3  
Arm R w/ ptrn; Lys L hand into center as Lds circle around set 1;3
- V2 Side R; Side L & pass; repeat w/ next 2;2;4
- C2 Heads Double fwd & back, make arch 2  
Sides Cast behind, through arch & to place 2  
Sides Double fwd & back, make arch 2  
Heads Cast behind, through arch, & to place 2
- V3 Arm RL; Pass by in extra ½ turn; repeat w/ next 3;1;4
- C3 Double back in line (Heads split); Turn single; Double fwd & switch across 1;1;2  
Double back in line (Sides split); Turn single; Double fwd & switch across 1;1;2



<b>Petite Rose</b>	<b>(Domenico 1450)</b>
<b>(Couples)</b>	<b>== In 6 ==</b>
16 Pive, holding hands	16
Ld Movi; Ly Movi; Ld VT w/ a Double L(CCW)	1;1;2
Ly Movi; Ld Movi; Ly VT w/ a Double L(CCW)	1;1;2
Double L fwd; Singles RL back, switch feet; Repeat 2x	2;1;1
Saltarelli LR away and back to ptr	2;2
The lead alternates between the Ld & Ly on subsequent repeats.	

<b>Roye de Tribus</b>	<b>Gresley</b>
<b>(set of 3 people abreast) P1 = Person 1, etc</b>	<b>==In 6==</b>
A1 - 2 All - 3 Doubles fwd; 1 double back	6;2
B1 P1 Double fwd	2
B2 P2 Double fwd	2
B3 P3 Double fwd	2
C1 All gallop fwd (LR)	2
C2 All gallop back (LR)	2
C3 All gallop fwd (LR)	2
C4 All turn with a Double	2
D1 P1 movimento, P2 and P3 movimento together, P1 turns	4
D2 Repeat D1, with P2 starting and turning at the end	4
D3 Repeat D1, with P3 starting and turning at the end	4

<b>Contentezza d'Amore (Il Ballarino)</b>	<b>(Caroso 1581)</b>
<b>(Couples)</b>	<b>== in 4 ==</b>
V1 Take hands, Rev; Con LR; 4 Rip in circle L, then R	4;4;4;4
Con LR; Rev, drop hands	4;4
V2 Ly away from ptr Puntate LR; Passi LR; Double L; Puntate RL	4;2;2;4
Passi RL; Double R; Ly turn to face, both Puntata L fwd, & R back; Rev	2;2;4;4
V3 Ld join ptr in same steps; Both facing head Puntata L fwd & R back; Rev	16;4;4
V4 Ly pass front of Ld in 1/2 circle Passi LR, Double L; Passi RL, Double R	4;4
Ld pass Ly in half circle w/ same steps; Puntata L fwd & R back; Rev	8;4;4
V5 Take hands & switch Puntate LR; 6 Doubles to back of the hall, & face	4;12
Together Puntata L fwd, Puntata R back; Rev	4;4
V6 Take L hands & 2 Spez to switch; 6 Spez up the hall	<b>== in 3 ==</b> 4;12
Take hands & 8 Rip in a circle L, then R; 4 Trab, drop hands; Rev	8;8;4;4

<b>The Old Mole</b>		<b>(Playford 1651)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
P1	Double fwd & back; Set & turn; repeat	2;2;4
	Double L & back; Set & turn; Double R & back; Set & turn	2;2;2;2
P2	Ld1 & Ly3 switch (Double fwd & back, then past)	4
	Ly1 & Ld3 same; C2 same	4;4
	Lys 1&2 & Lds 2&3 arches (Double fwd & back then through) 4x to place	4(4x)
	Ld1 & Ly3 switch as before; Ly1 & Ld 3 switch; Ld2 & Ly2 switch	4;4;4
P3	Lds hands & Lys hands - Double fwd; C1&C3 Double back	1;1
	C2 turn as Lys 1&3 turn & Lds 1&3 turn, then Side R; turn your own	1;2;1
P4	Lds single Hey; Lys single Hey; Hey for Couples 2x	2;2;4
	Cast from front to place; Cast from the back to place	2;2

<b>Black Nag</b>		<b>(Playford 1665)</b>
<b>(3 Couples in a line)</b>		<b>== In 4 ==</b>
V1	Double fwd & back; repeat	2;2
C1	Slip up the line (C1; C2; then C3); Turn single; Slip down; Turn single	1;1;1;1;3;1
V2	Side RL	2;2
C2	Ld1 & Ly3 switch; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
	Ld1 & Ly3 return; then Ld3 & Ly1; then Ld2 & Ly2; Turn single	1;1;1;1
V3	Arm RL	2;2
C3	Lds Hey; Lys Hey	4;4

## Set 5

<b>Amoroso</b>		<b>(Ambrosio (Guglielmo) 1475)</b>
<b>(Couples)</b>		<b>== In 4 ==</b>
	12 piva	12
	Ld Singles LR; Piva, Strutting singles RLR; Ly same to catch up	1;1;1½;3½
	Ld Piva LRL, Single R; Lysame to catch up	4;4
	Ld Singles LR Piva; Singles RLR turn & Rev; 3 Piva & 1 single bk; Ly same	2;2;4;8

## Alta Mendoza Music - Galliard Improvisation

## Scotch Cap

(Playford 1651)

(3 Couples in a line)

== In 4 ==

V1	Double fwd & back (2x)	2(2x)
C1	Top 2 Lys & Last 2 Lds back up; tHey switch; other 2 switch Repeat 5 more times	1;1;2 20
V2	Side RL	2;2
C2	Gender lines Double back & fwd; Arm R (Lys 1&3, C 2, Lds 1&3) Ends (Ly2 w/ C3, Ld2 w/ C1) Double back & fwd; Arm L (w/ ptrnr)	2;2 2;2
V3	Arm RL	2;2
C3	Lds slip up hall as Lys slip down; Give RL hands back to place Lys slip up hall as Lds slip down; Give LR hands back to place	2;2 2;2

## Horses

(Arbeau,1589)

(Couple holding both hands with each other)

== In 4 ==

[4x] - Double LR; Ld Tap RR, Single R; Turn L w/ Double L; Ly same	2 [4x]; 1;1;2
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## Grene Gynger

(Couples)

== in 6 ==

Single fwd, Single back, Double fwd; Repeat	1;1;2;4
Heart: 2 Singles moving away from ptrnr; 1 Double casting to face	2;2
2 Slip steps down the hall holding lead hands; turn back to back	1;1
Still holding hands, 2 slip steps up the hall;turn to face	1;1
Turn L, double away from your ptrnr; Turn & return in a Double & face	2;2
Double back from ptrnr & fwd to meet	4
Heart: facing down the hall, same as above	4



## Contrapasso in Due or Contapasso Nuovo

### Contrapasso in Due

(Caroso 1581)

#### (Couples)

== in 6 ==

V1	Rev L; Con LR; Passi LR, Doppio L; back Passi RL, Rip RR	4;4;4;4
	Passi LR, Doppio L; back Passi RL, Rip RR	4;4
V2	R hands w/ptnr & Passi LR, Doppio L; L hands Passi RL, Doppio R	4;4
	Indiv figure 8 Turn L in Ord LR, M Rev; Turn R in Ord LR	4;4
V3	Repeat V2, taking R then L arms w/ ptnr instead of hands, all figure 8	16
V4	Repeat V2, taking 2 hands. Lys figure 8 as Lds flank back & fwd (4 Ord)	16
V5	Take hands w/ ptnr & 8 Ord, starting L (12 in some music)	16
V6	Face ptnr & Rev L; Con LR; All figure 8	4;4;8
V7	Lds back Lys up Passi LR, Doppio L; Lys back Lds up; All figure 8	4;4;8
V8	Lds Rev L; Lys Rev L; Lys figure 8 as Lds flank back & fwd	4;4;8

### Contrapasso Nuovo

(Caroso 1600)

#### (3 Couples in a circle)

== in 6 ==

V1	Rev; Con LR	4;4
	Passi LR, Ord L to L; Passi RL, Ord R to R; Repeat	4;4;8
V2	R hands w/ptnr & Passi LR, Seg L to pass ptnr; L hands w/ next	4;4
	Indiv figure 8: Tum L in Passi LR, Ord L, M Rev; Tum R in Passi RL, Ord R	4;4
V3	Repeat V2, taking R then L arms instead of hands; all figure 8	8;8
V4	Repeat V2, taking two hands; all figure 8	8;8
V5	Hey in 6 Spndeo Dattile (Long, long long, short, short)	24
V6	Con LR; Rev; Doppii Francese LR;	4;4;8
V7	Ord LR in; Con LR; Doppii Francese LR	4;4;8
V8	Con LR; Ord LR in, flanking; Take Ptnr hand & Puntati Fwd & back; rev	4;4;4;4

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### New Yer

#### (set of 3 people in a file)

== in 6 ==

4 Doubles fwd	8
Front Double away; Middle Double to catch up; Back same	2;2;2
All ½ turn in a Double 3x	2(3x)
Back Double away; Middle Double to catch up; Front same	2;2;2
All ½ turn in a Double to reset in orig direction	2

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